

# 4 Topics to keep in mind

- PAIN
- NAUSEA
- BLEEDING
- INFECTION



## Get in touch *Contact*



Give us a call

(208) 478-1704

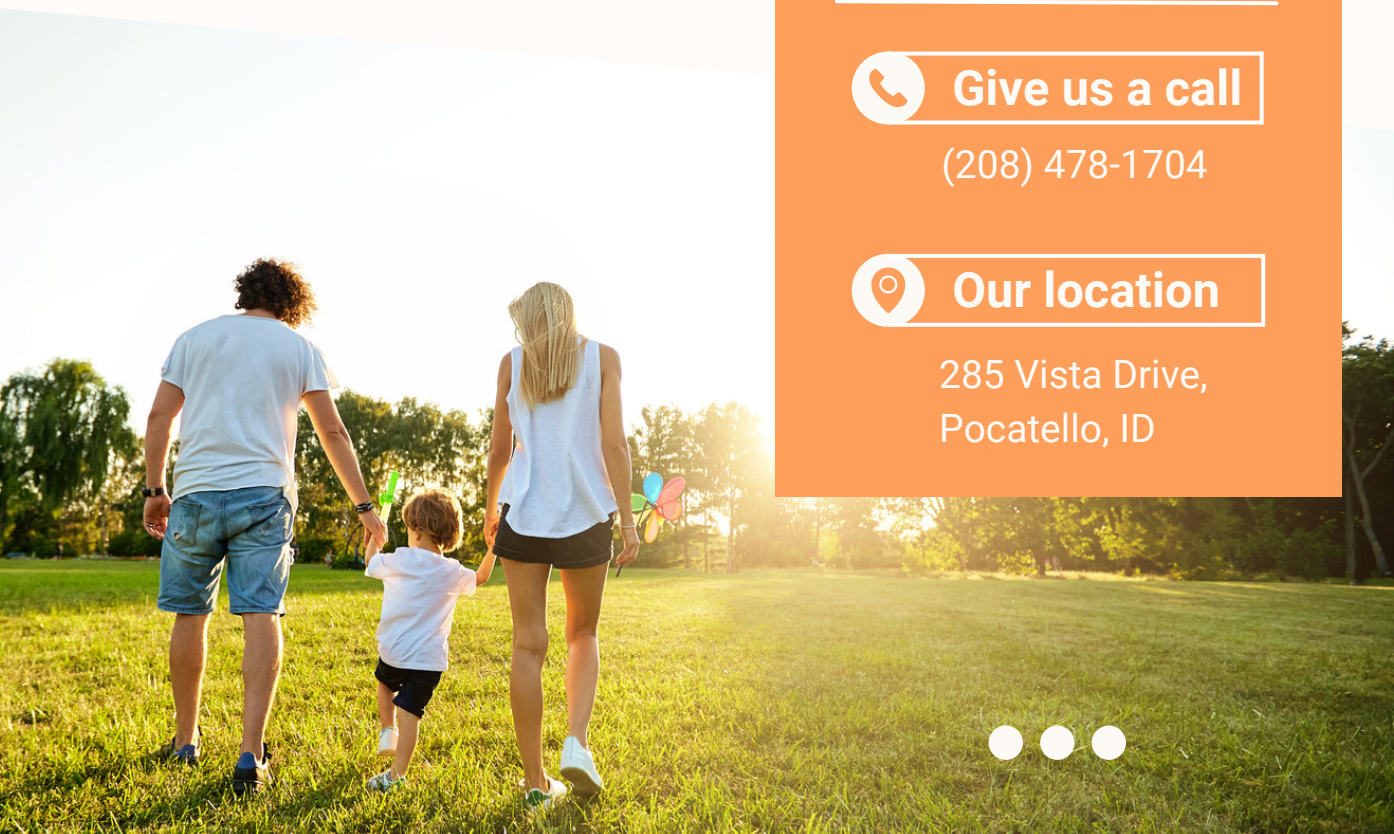


Our location

285 Vista Drive,  
Pocatello, ID

## Pre-op & Post-op *Education*

## Skyline Surgery Center



# Discharge *Education*

## B.A.N.D.A.I.D.S

**B** Bleeding, bandages

**A** Acceptable pain level

**N** Narcotics and/or new medicine

**D** Diet

**A** Activity

**I** Infection

**D** Don'ts

**S** Schedule follow-up

## Please Note

You will receive **written instructions** at the time of discharge. Please **keep** for your records and **re-read** them once you are awake and alert. A nurse will call and check on you the **day after surgery**.

## Frequently asked Questions

1. How much pain should I expect to have when I wake up from surgery?
2. Will I have any nausea?
3. How long will I be in the recovery room?
4. Can my family be with me while I recover?
5. What will I be able to eat or drink when I'm awake from surgery?

